

Alcohol

Alcohol affects the brain in many negative ways, which can cause damage to the brain. The brain is not yet fully developed; it continues its development up to the age of 25. Young people find it more difficult to judge what happens when they drink, which means that they can have very bad experiences when they get drunk.

There are facts that show most people who get into fights are drunk. There is also clear information showing that crime and accidents increase when a person has drunk alcohol.

What happens when you drink alcohol

People have worse judgement, memory, reactions and ability to think in general. Many different parts of the body suffer damage when you drink alcohol, two examples being the liver and the heart.

Tobacco

The tobacco in cigarettes contains a substance called nicotine, which is toxic. It creates an imbalance in the brain, which causes a desire to smoke. There are a number of diseases which may be caused by smoking, such as heart disorders and lung cancer. Smoking damages the immune system and many diseases that come from smoking can be fatal.

Shoplifting

Shoplifting is the same thing as theft, but it is called shoplifting if the stolen goods have a small value. The limit for shoplifting varies, but it is usually up to SEK 1,000.

The limit of SEK 1,000 does not apply to stealing parts from a car or a bicycle. That is classified as theft. It is also theft if you take something from a person who cannot protect themselves or if you take things from a person's bag. It makes no difference whether the things have a small value.

A person who shoplifts is given a fine or imprisonment for up to six months. It also means that the offender is written in the criminal register of the police. The entry stays in the register for

a period of five years. When you are in the criminal register it may be more difficult to get certain jobs, to obtain a driving licence or to study or travel abroad.